

Northwestern State University
NSU Health & Human Performance Department
Curriculum Map for BS in Health & Exercise Science (377) - Fall 2011

Student Name: _____
 NSU CWID#: _____

Declared Major: _____
 Advisor: _____
 Checksheet Updated: _____

Course Number Course Title Credit Grade QP Course Number Course Title Credit Grade QP

<u>1st Year - Fall Semester - 16 hours</u>				
ENGL 1010	Comp & Rhetoric	3	0	0
MATH 1020	College Algebra	3	0	0
HIST _____	American History	3	0	0
FA 1040	Explore the Arts	3	0	0
CHEM 1070	Introductory Chemistry	3	0	0
OR 1010	Orientation	1	0	0

<u>1st Year - Spring Semester - 17 hours</u>				
ENGL 1020	Comp & Rhetoric II	3	0	0
MATH 1060	Finite Mathematics	3	0	0
PSYC 2050	Growth & Development	3	0	0
COMP 1020	Computer Application	3	0	0
HED 1010	First Aid & CPR	2	0	0
HED 1090	Pers & Comm Health	3	0	0

<u>2nd Year - Fall Semester - 15 hours</u>				
BIOL 2220	Human Anatomy	3	0	0
BIOL 2221	Human Anatomy Lab	1	0	0
ENGL 2110	Literature	3	0	0
ECON 2000	Macroeconomics	3	0	0
COMM 1010	Speech	3	0	0
HP _____	Activity - HP #1	2	0	0

<u>2nd Year - Spring Semester - 15 hours</u>				
BIOL 2230	Human Physiology	3	0	0
BIOL 2231	Human Physiology Lab	1	0	0
HP 2000	Intro to Health/Exer Sci	3	0	0
HP 2630	Motor Learning	3	0	0
NUTR 1030	Human Nutrition	3	0	0
HP _____	Activity - HP #2	2	0	0

<u>3rd Year - Fall Semester - 16 hours</u>				
HP 3560	Physiology of Exercise	3	0	0
HP 3561	Phys Exer Lab	1	0	0
ENGL _____	Adv Comp/Tech Writing	3	0	0
BUAD 3250	Business Law I	3	0	0
PSYC _____	PSYC 2450 or 4450	3	0	0
_____	Adv App Elec #1	3	0	0

<u>3rd Year - Spring Semester - 17 hours</u>				
HP 3550	Applied Kinesiology	3	0	0
HED 4600	Drug & Alcohol Educ	3	0	0
HP 2270	Physical Fitness	2	0	0
HED 3000	Community Health Prom	3	0	0
MKT 2200	Marketing - Salesmanship	3	0	0
_____	Adv App Elec #2	3	0	0

<u>4th Year - Fall Semester - 12 hours</u>				
HP 4170	Exer Test/Eval/Prescrip	3	0	0
HED 4000	Health & Exercise PSYC	3	0	0
HP 4180	Pre-Internship Seminar	2	0	0
PSYC 4400	Statistics	3	0	0
_____	Adv App Elec #3	1	0	0

<u>4th Year - Spring Semester - 12 hours</u>				
HP 4200	Internship in HES	12	0	0

Total Hours:
 Total Qual Pts:
Adjusted Major GPA:

Advisee must address the following advisor recommendation to remain in the program:

1. You need to complete these courses in order to stay on track in the HES Program:
2. You must achieve a minimum grade of "C" in all courses in the HES Program.
 You must successfully repeat the following course(s); most recent grade is applied:
3. Your GPA is below the 2.50 necessary to graduate from this program:
4. You must have a minimum adjusted major GPA of 2.50 to register for HP 4200.

on track
grades OK